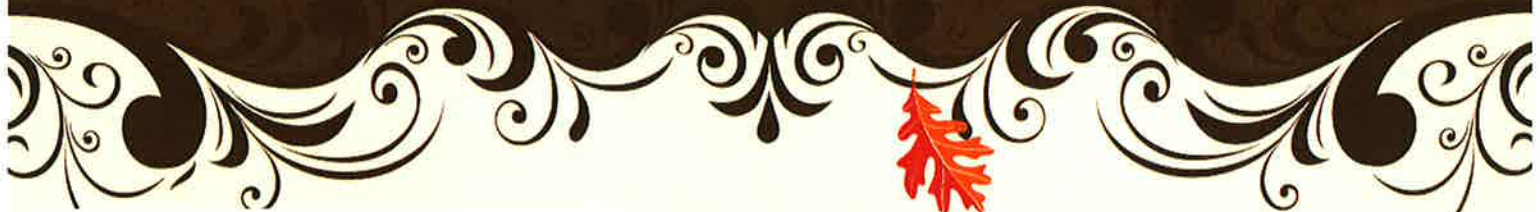




Foothills Worship Center
Johnstown, NY 12095

Good News

November 2022 Newsletter



"Remember the Sabbath day by keeping it holy."
—Exodus 20:8

Winners Share This Trait

Persistence! To learn persistence, remember these five suggestions:

1. Ask yourself "What's the next step?"
2. Then ask, "What is in the way of me taking that next step?"
3. Remove the obstacle.
4. Take the next step.
5. Go back to number 1

Take Time to be Truly Thankful

Entire books have been published in the last few years on the impact of stress, fatigue, and sleep deprivation on our society. But few if any books, articles, or reports have connected all of this with the loss of one day in seven as a day of rest.

The fourth commandment is clear. Our bodies and souls are made to work six days and to rest on the seventh. We cannot persistently violate that law without breaking down at some point—either physically, emotionally, or in family relationships.

There are three main purposes to taking a Sabbath every week: To Rest, To Reflect, and To Rejoice.

It was Socrates who said that an unexamined life is not worth living. Sabbath rest is not merely a time for play or recreation. It is modeled after the activity of God himself, who having worked six days, took a Sabbath. He ceased from his labors, not to go off and play, but to examine what he has done. Looking over his handiwork the previous six days, he declared, "It is good."

Sabbath is designed to provide us an opportunity to pause and look at what we have done and decide whether it was worth doing, and if so, whether it was done well. It also gives us an opportunity to prayerfully plan the week that is before us. Take the time to rest, reflect & rejoice. **Happy Thanksgiving!**



Reverse Advent

For this month and next, we are asking people to use the reverse Advent Calendar to help battle hunger for the holidays. In the months of November and December, bring a Non-Perishable food item daily to help fill a box so to make a complete meal for a family in need. Some people elect to donate a turkey, ham or roast beef and some people donate a box with all the items to complete the side dishes. Others, donate a random item to help fill a box. If you are able to contribute to the Reverse Advent, there is a suggestive list of which items to donate in the next column over. On a selected date each month, the box of food will be given to a family who signed up for assistance. This is all part of our Food Pantry and Missions work.

Updates and Special Events

First, to everyone that helped with our Chicken Pickin and the Chicken-n-Biscuits Dinner, Thank you!! It was a successful event and we have two more dinners planned for the near future. With that said, we will be having a Chowder Dinner on November 18th. There will be a choice of three chowders, as an eat in/ take out dinner fundraiser. For more details, read on.

There will be more information soon in our December Newsletter and as always, keep an eye out on our Facebook page!

Coming soon, we will be decorating for Advent. We have our Pie/Cookie Tray Sale forms available to preorder for the holidays. The forms are at the Welcome Desk in the Chapel.

Malcolm has planned a Christmas Carol Sing Along for December 11th and possibly something for November. Once again, keep an eye out on Facebook for updates!

Do You Have a Story Idea?

Have a story idea or an article for our newsletter? If so, send an email to the office at office@fwc3.org

Keep in touch with the news here at FWC. Check us out on Facebook, our new website, www.FWC3.org and the Community News Bulletin Board across from the office.

If you require a hard-copy newsletter, one can be made available for you.

For the Months of November & December, FWC is Collecting a Food Item Daily to Create a Holiday Meal Box for Families in Need. Listed Below is a Suggested Item to Donate Corresponding with the Day of the Month Until the Food is Given Away.

- | | |
|----------------------|----------------------------|
| November/December 1 | Box of Cereal |
| November/December 2 | Peanut Butter |
| November/December 3 | Stuffing Mix |
| November/December 4 | Boxed Potatoes |
| November/December 5 | Macaroni & Cheese |
| November/December 6 | Corrad Fruit |
| November/December 7 | Corrad Tomatoes |
| November/December 8 | Corrad Tuna |
| November/December 9 | Dessert Mix |
| November/December 10 | Jar of Applesauce |
| November/December 11 | Corrad Sweet Potatoes/Yams |
| November/December 12 | Cranberry Sauce |
| November/December 13 | Corrad Beans |
| November/December 14 | Box of Crackers |
| November/December 15 | Rice |
| November/December 16 | Catred/Cats |
| November/December 17 | Box of Pasta |
| November/December 18 | Spaghetti Sauce |
| November/December 19 | Chicken Noodle Soup |
| November/December 20 | Tomato Soup |
| November/December 21 | Corrad Vegetable |
| November/December 22 | Food Is Given to Families |



The finance committee would like to thank everyone that has brought in empty ink cartridges. Every dollar helps. Please continue to keep bringing them and/or toner cartridges to the office. If anyone has suggestions for fundraising, please let me know.

Have a great Thanksgiving.

- Linda Flint chair person.

October was Pastor's Appreciation Month and many of you helped me celebrate my ministry by giving cards, small gifts and kind words to my family and I. Please know how thankful I am.



I appreciate your words of encouragement. Most pastors thrive on a kind word that lets us know that the work we are doing is making a difference in your lives. I'm not talking about praising us in excess, but when you tell me that you learned something new or really enjoyed the message that I gave, it lets me know that God's Word was well-received by the people who for whom it was meant. A great thing!

Thank you for your thoughtfulness, concern, support, and incredible generosity to my family!

I appreciate the good things you say about the church. Nothing hurts a church quite like its own people saying bad things about it to others inside the church and out in the community; just the opposite is true as well. Nothing brings people into the church like that church's people talking it up in a positive way. What a blessing it is when a church visitor tells me that the reason for their attendance is all of the great things they have been hearing about the church. Some of you are working hard to build up our reputation, and inviting people to worship. I really appreciate that.

Thank you for serving. This is one "thank you" that often gets lost in all the "we need more volunteers" pleas. I want to affirm the great work you do in ministry. To all our musicians, greeters, children's teachers, nursery caregivers, worship tech folks, coffee brewers, ushers, leadership teams and volunteers, please know that what you do is very important and makes an eternal difference. For sharing your gifts, talents and abilities, I am eternally grateful to you.

Thank you for sticking with the church through thick and thin. Sometimes you may get frustrated or discouraged and even think of joining another congregation. To all the church members who have stayed, served, given, and supported through the recent transitions, I really want to say, "Thank you. You are teammates. With love for Jesus and a smile, you embrace the necessary changes to help us make disciples for Christ. It is an honor to be on your team. Well done folks!"

There is more. Thank you for accepting me with all my faults and letting me be me. I will make mistakes and unintentionally cause confusion or hurt. I thank you for your patience, forgiveness and grace. I appreciate all the hugs, the smiles, the visits, the meals together, the laughing about our families, the debating about our basketball teams...I appreciate the role each of the people from my church fills in my life. I believe that part of the way God shows me His love for me is through the people who go to this church, and I really appreciate that as well. God is so good!

I want our church to be a place where: God is seen, Love is felt, and lives are changed.

Thank you for helping make that dream become a reality. Your grateful pastor, Brad C.



M.O.M.

Mentors of Moms

On Tuesday, November 8th from 9 - 11:30 am, we will be restarting our MOMs group. We will be meeting the 2nd and 4th Tuesdays of each month. We invite moms of preschoolers and homeschooled children to come and share in an activity. The children will be in our nursery where we will read them a story, have a group activity and play time. The children will be cared for by the women of the church. The moms will meet in another area and have child free time to discuss positive ways of parenting and can ask questions to help each family grow. The moms will also have time to craft while interacting with friends,

Please invite any moms you know to come. If you would like to volunteer, please see Sandy Harrington, Sandy Sacerio, Cindy VanAllen or call FWC at (518)725-9611.

Thanks

MISSION-NURTURE-OUTREACH

This is a busy time of year for our team. We have many activities going on. The team would love to see you join us. It will warm your heart and you will receive gratitude from those that benefit from our work.

We meet on Wednesday mornings from 9-11 am. Our activities for the month of November are to work on no-sew blankets for the Oncology departments, Dialysis at NLH and for the homeless teens. Another project is making hats and mittens for the schools and Red Bird Mission in Kentucky. We will be signing Thanksgiving cards for our nursing home members and shut-ins. We will be signing Christmas cards for the service persons on Wednesday, Nov.16th at 10 am.

A new activity we will be starting is making quilted lap robes. We have 3 sewing machines in our Mission room to use and plenty of material. If you can sew a straight line or not, please join us on Wednesday afternoons from 1-3 pm. This is very exciting news.

For outreach, we will be sending Christmas Child boxes early in November. Sharon Diefendorf has graciously done this for our church for several years. Thank you, Sharon.

Lastly, we will be providing Thanksgiving food boxes on Tuesday, November 22 to needy families. Please consider donating food. Many of us use the reverse Thanksgiving/Advent sheet to provide these foods. Even one item can help make a difference. Please come on Monday, November 21 at 9 am to assemble the boxes.

Thanks everyone for your help. Many hands make light work.

Blessings,

Cindy VanAllen

Adult Coloring & Crafters & Chit-chatters

Come one, come all! There is a chair for you at the table.

Adult coloring is a relaxing time of fellowship. Enjoying one another as we color inside the lines! We meet every Wednesday from 10 am - 12 pm. Books and pencils are available.

Crafters & Chit-chatters meet Wednesdays 12:30 - 3 pm. Having our own big craft room is awesome. Learn new ways of letting your creativity run wild. If you can identify a paint brush, glue gun, ribbons and yes pebbles you have all the experience you need. Come on in and join the fun.

In fellowship and creativity,

Sandy Harrington

Community Worship Service of Thanks

The Interfaith Council of
Fulton County is inviting
everyone to attend this
very special Thanksgiving
worship service here at
Foothills Worship Center!



Please join us on Tuesday
November 22nd at 7:00pm
as we come together and
celebrate with several area
churches and ministries to
sing and worship together.
Invite your family and
Come, Ye Thankful People



What's Cooking at FWC?

Chowder Supper

Choice of Chicken Corn, Manhattan, or
New England chowder. Plus a Side salad,
dessert and beverage. Eat in or take out.

November 18th from 4-6pm \$10.00

Greystone's Famous Shepherd's Pie

Includes side salad, dessert & beverage

December 10th from 4-6pm

Eat in or Take out. Cost is only \$12.00

what's
cooking

New Ministry Starts November 18th!

OPEN GYM NIGHT

Friday Nights from 5-7pm
our gymnasium will be open
for variety of fun activities!

Join us and bring your kids
and youth to play some
sports, make new friends
and help our community.

November

Birthdays

Roy Bishop - 11/06

Brindley Claus - 11/06

Norman Harrington - 11/18

Billie Lee Stewart - 11/20

Donald Jeffers - 11/25

Gerald Frisbie - 11/27

November

Anniversaries

Dorothy & Richard(Dick) Johnson

11/7

Weekly Activities

Sunday:	Choir Practice	8:30 AM
	Worship Service	10 AM
	Sunday School	10:15 AM
	Fellowship/Coffee Hour	11 AM
Monday:	Bible Study with Cindy	12:30 – 2:30 PM
Wednesday:	Mission Work	9 AM – 11 AM
Adult Coloring		10 AM – 12 PM
Crafters		12:30 - 2:30 PM
Thursday:	Knitting & Crocheting	10:30 AM – 12:30 PM
	The 2nd & 4th Thursday of the Month	
Friday:	Regional Food Pantry Delivery	Time Varies
	Every other Friday	